A Directory of Early Childhood and Family Resources

For questions or concerns about your child's health or development, please call or email:
734.242.5799 ext. 1610
earlychildhood@monroeisd.us

INSIDE:
Clip and Save Emergency Numbers
We are here to help you!

All parents need the support of good community systems to help themselves help their children. Across Michigan, parents of young children may, at times, lack easy access to information and resources that will help them be their child’s first and most important teacher.

**Parenting Leadership** in the Great Start System is a continuum of services and supports ranging from parent education for parents in the critical role they play in the healthy development of their infants and other young children, to parents as leaders who advocate for their own children as well as the needs of other young children.

**Great Start Collaborative Parent Coalition Member Information**

The Great Start Parent Coalition is made up of parents of children under the age of 12 who are concerned about our youngest children, and the programs that support them and their families. The coalition assists in building public support and early childhood programs in Monroe County and the State of Michigan. The coalition participates in advocacy and educational programs on behalf of young children so that all children enter kindergarten safe, healthy and ready to succeed in school and life.

Coalition members participate in leadership training and legislative advocacy, and speak publicly about the importance of early childhood development and education at local clubs, organizations and other privately funded group meetings.

We hope you will join us on this grass roots effort to educate both individuals and groups about the importance of the first five years of a child’s life. If you are interested, call Amy Zarend, Great Start Director at 242-5799 ext. 1928, or visit www.greatstartmonroe.org.

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**BASIC NEEDS**

Food, housing, material resources, financial aid, transportation.

- **A.I.D. of Milan, Inc.** ........................................... 734-439-8420
  54 W. Main St., Milan, MI 48160

- **Damascus House** ............................................ 242-8136
  212 Smith St., Monroe, MI 48161

- **211** ........................................................................... 211
  216 N. Monroe St., Monroe, MI 48162
  www.monroenitedway.org/findhelp

- **Heartbeat of Monroe** ............................................ 243-6550
  123 W. First St. (Gateway Office Building)
  Monroe, MI 48161
  www.heartbeatofmonroe.org

- **Lake Erie Transit** .................................................. 242-6766
  www.lakeerietransit.com

- **Department of Human Services** ............................. 243-7200
  903 S. Telegraph Rd., Suite A, Monroe, MI 48161
  www.michigan.gov/dhs

- **Goodwill Industries** .............................................. 457-3447
  255 N. Telegraph Road, Monroe, MI 48162
  www.goodwillsemi.org

- **Monroe County** ...................................................... 241-2775

- **Opportunity Program** ........................................... T.D.D. 241-2919
  1140 S. Telegraph Rd., Monroe, MI 48161
  www.monroecountyop.org

- **Monroe Housing Commission** .................................. 242-5880
  20 N. Roessler, Monroe, MI 48162
  www.michiganhousinglocator.rentlinx.com

- **Salvation Army** ...................................................... 241-0440
  815 East First., Monroe, MI 48161
  www.mhweb.org

- **Salvation Army Thrift Store** ................................... 241-4550
  1525 Mall Road, Monroe, MI 48162
  www.salarmythrift.com

- **Thrift Shop Association** ......................................... 242-1082
  119 S, Monroe St., Monroe, MI 48161

- **W.I.C. Women, Infants, and Children-Nutrition Program**
  ................................................................. 240-7905
  2353 S. Custer Rd., Monroe, MI 48161
  www.co.monroe.mi.us

- **New Beginnings Mercy House** ................................. 240-2239
  3877 Jackman Rd., Ida, MI 48140
  www.newbeginningsmh.org

- **“Now I Lay Me Down” Bed Ministry** ........................... 242-1545
  First Presbyterian Church of Monroe
  108 Washington Street, Monroe, MI 48161
  www.monroefirst.org
EMOTIONAL HEALTH

A growing body of evidence shows that emotional development begins early in life and is a critical aspect of the development of a child’s overall brain architecture, with enormous consequences over the course of a lifetime. A child’s emotional well-being and social competence provide a strong foundation for emerging cognitive abilities, and together they are the bricks and mortar that comprise the foundation of human development.

From birth, children rapidly develop their abilities to experience and express different emotions as well as their capacity to cope with and manage a variety of feelings. The development of these capabilities occurs at the same time as a wide range of highly visible skills in mobility (motor control), thinking (cognition), and communication (language). Yet, social-emotional development often receives relatively less recognition as a core emerging capacity in the early childhood years. The foundations of social competence developed in the first five years are linked to emotional well-being and affect a child’s later ability to functionally adapt in school and to form successful relationships throughout life.

Monroe Community Mental Health Authority ........................................................ 243-7340
1001 S. Raisinville Rd./P.O. Box 726
Monroe, MI 48161
www.monroecmha.org

Catholic Charities of Southeast Michigan .......... 240-3850
1140 S. Telegraph Rd.
Monroe, MI 48161
www.ccsem.org

Center for Community Growth .......................... 243-8848
28 South Macomb
Monroe, MI. 48161

Promedica Monroe Regional Hospital ....................240-1760
Outpatient Behavioral Health Services
730 N. Macomb St., Suite 200
Monroe, MI 48162
www.mercymemorial.org/Main/OutpatientBehavioralServices.aspx

Family Counseling & Shelter Service ...................... 241-0180
Suite 106, 14930 LaPlaisance Rd.
Monroe, MI 48161
www.fcsmc.org

Domestic & Sexual Violence Hotline...............242-SAFE
www.fcsmc.org

Gabby’s Ladder, Inc.............................................242-8773
431 East Elm Avenue
Monroe, MI 48162
www.gabbysladder.org

Human Potential Center ......................................... 241-0142
22 W. Second St.
Monroe, MI 48161
www.manta.com/c/mmr4mx/human-potential-center

THE IMPORTANCE OF ATTACHMENT

Good "attachment" is the deep, long-lasting bond between your child and you during the baby’s first several years of life. The early attachment years greatly affect your child’s mind, body, emotions, relationships and moral values throughout his/her life. Provide good attachment by following these six easy steps:

1. The most powerful way to establish human relationship is through loving touch, one of our basic needs. Infant massage and breastfeeding are two excellent examples of loving touch.
2. Hold and handle your baby safely.
3. Make eye contact. This helps your baby's brain grow, while teaching him to make eye contact and to have positive communication.
4. Smile at your baby. Smiling helps the baby feel safe and secure, while providing warmth, joy and love.
5. Have a positive attitude.
6. Meet all of your baby's needs, unconditionally!
FAMILY HEALTH

A number of factors before and after the birth of a child can create challenges to his/her development and school readiness. Before the birth of a child, the developing brain architecture of a fetus can be disrupted by poor maternal nutrition, exposure to a variety of hazardous substances, and the adverse physiological effects of a pregnant woman's chronic stress.

Access to prenatal health care can help identify such high-risk circumstances and provide a vehicle for addressing hazards to healthy brain development in a preventive fashion. After birth, providing access to a regular and affordable source of primary health care for mothers, infants and children is important in helping to prevent threats to the child’s healthy development, as well as provide early detection and intervention for concerns that could lead to more serious problems later in a child’s physical, developmental and mental health.

Monroe County Health Department ........................................ 240-7800
2353 S. Custer Rd.
Monroe, MI 48161
• Immunization Clinic ............................................. 240-7812
• Dental Clinic ...................................................... 240-7825
• Vision & Hearing Screening ....................................... 240-7855
• Health Promotion .................................................. 240-7860
• Maternal & Infant Support ........................................ 240-7885
• Children’s Special Health Care ................................... 240-7820
• Environmental Health ............................................. 240-7900
2353 S. Custer, Monroe
• Sexually Transmitted Disease, AIDS Testing and Counseling ............................................. 240-7835
• Women, Infant, and Children's Program (WIC) ............................................. 240-7905
• Family Planning ...................................................... 240-7830
www.co.monroe.mi.us/government/departments_offices/public_health/index.html

University of Michigan Hospital ........................................ 734-936-4000
• Dental School Children's Clinic ................................ 734-764-1523
• Pediatric Clinic ...................................................... 734-936-4180
• Mott’s Children’s Hospital ........................................ 734-936-4000
www.med.umich.edu/

The Toledo Hospital ................................................ 419-471-4218
• High Risk Pregnancy .............................................. 419-471-3604
• Neonatology ......................................................... 419-471-4225
• General Information ............................................... 419-471-4000
www.promedica.org

Sacred Heart Clinic ................................................ sacredheartmonroe.org
Sacred Heart Clinic is a free clinic designed to serve the basic medical needs of those who are underinsured or without medical coverage. The staff that comprise Sacred Heart Clinic are volunteers who are donating their time, talents, and skills to serve those in need.

Salvation Army Harbor Light ........................................ (734) 384-3402
Alcohol & Drug Treatment
3250 N. Monroe Street
Monroe MI 48161
www.usc.salvationarmy.org/

SAFE SLEEP FOR BABY

Babies sleep safest on their BACKS. Reduce the risk of Sudden Infant Death Syndrome by practicing the following safety tips:

• Always place your baby on his or her back to sleep, even for naps.
• Place your baby on a firm mattress, such as in a safety-approved crib.
• Check your crib's slats for safety, if a pop can slide through, they are too wide.
• Do not allow smoking around your baby.
• Remove soft, fluffy and loose bedding and stuffed toys from your baby's sleep area.
• Make sure your baby's face and head stay uncovered during sleep.
• Do not let your baby get too warm during sleep.
• Make sure everyone who cares for your baby knows to place your baby on his or her back to sleep.

For more information on crib safety guidelines, call the Consumer Product Safety Commission at 1-800-638-2772 or visit their Web site at www.cpsc.gov.

Monroe County Children's Yellow Pages
High quality child care and early education experiences are critical to every young child's development. Research has clearly demonstrated that children's early learning experiences determine their foundation for future learning and success. Children who have high quality child care and preschool experiences, including support for health and emotional well-being, are more successful in later school years, are less likely to repeat a grade, are more likely to graduate high school, attend college, and become productive citizens.

- Project Find
- Early On
- Great Start Readiness Preschool (GSRP)
- Early Head Start
- Head Start

For information regarding any of these programs, please call 734.242.5799, ext. 1610.

Great Start To Quality ........................................... www.greatstarttoquality.org
Contact for online childcare and preschool resources

Child Care Network ..................................................243-7451
77 N. Roessler, Monroe, MI 48162
www.childcarenetwork.org
Scholarships Available

SCHOOLS

Airport Community Schools................................. 586-2676
8600 S. Newport
Newport, MI 48166
www.acspublic.com

Bedford Public Schools.......................................... 850-6000
1623 W. Sterns Rd.
Temperance, MI 48182
www.bedford.k12.mi.us

Dundee Community Schools ................................. 529-2350
420 Ypsilanti
Dundee, MI 48131
www.dundeecommunityschools.org

Ida Public Schools............................................. 269-9003
3145 Prairie Rd.
Ida, MI 48140
www.idaschools.org

Jefferson Schools............................................... 289-5550
2400 N. Dixie Hwy.
Monroe, MI 48161
www.jeffersonschools.org

Mason Consolidated Schools................................. 848-9401
2404 Lakeside Rd.
Erie, MI 48133
www.eriemason.k12.mi.us

Monroe County Intermediate
School District..................................................... 242-5799
1101 S. Raisinville Rd.
Monroe, MI 48161
www.misd.k12.mi.us

Monroe Public Schools......................................... 265-3000
1275 N. Macomb
Monroe, MI 48162
www.monroe.k12.mi.us

Summerfield Schools................................. 279-1012
17555 Ida West Rd.
Petersburg, MI 49270
www.summerfield.k12.mi.us

Whiteford Agricultural School.............................. 856-1443
6655 Consear Rd.
Ottawa Lake, MI 48464
www.whiteford.k12.mi.us

723.242.5799, ext.1610 or earlychildhood@monroeisd.us
Economic hardship and other types of deprivation (child neglect or abuse) can have profound effects on children's development and their prospects for the future. Low family income can impact children's cognitive development and ability to learn. It can contribute to behavioral, social and emotional problems. The greatest risk is for young children who experience economic hardship, especially that of a severe and chronic nature.

Family Support initiatives help parents develop and use available resources that enable them to nurture and support the healthy development of their children. Family support services range from providing information about early learning, to helping families to access economic security benefits and connect with other families and community services.

### Income Security

**Employment, Relief, Medicaid, Public Assistance**

- Damascus House ........................................................... 242-8136
  212 Smith St.
  Monroe, MI  48161
- Department of Human Services ....................................... 243-7200
  903 S. Telegraph Rd., Suite A
  Monroe, MI  48161
  [www.michigan.gov/dhs](http://www.michigan.gov/dhs)
- Heartbeat of Monroe .................................................. 243-6550
  123 W. First St.
  (Gateway Office Building)
  Monroe, MI  48161
  [www.heartbeatofmonroe.org](http://www.heartbeatofmonroe.org)
- Workforce Development Agency ..................................... 241-2440
  1066 S. Telegraph Rd.
  Monroe, MI  48161
  [www.michigan.gov/wda](http://www.michigan.gov/wda)
- Michigan Works!/Monroe County Employment and Training Department ......................................................... 240-7950
  or 888-354-5500
  1531 N. Telegraph
  Monroe, MI  48162
  [www.co.monroe.mi.us/employmenttraining](http://www.co.monroe.mi.us/employmenttraining)
- Unemployment Insurance Agency .......................... 800-638-3995
  [www.michigan.gov/uia](http://www.michigan.gov/uia)
  • Unemployed workers with questions call .......... 1-866-500-0017
- Monroe County Cooperative Extension Service .................. 240-3170
  963 S. Raisinville Rd.
  Monroe, MI  48161
  [www.co.monroe.mi.us/government/...extension/index.html](http://www.co.monroe.mi.us/government/...extension/index.html)
- Workforce Development Agency ..................................... 241-2440
  1066 S. Telegraph Rd.
  Monroe, MI  48161
  [www.michigan.gov/wda](http://www.michigan.gov/wda)
- Department of Human Services ....................................... 243-7200
  903 S. Telegraph Rd., Suite A
  Monroe, MI  48161
  [www.michigan.gov/dhs](http://www.michigan.gov/dhs)
- Heartbeat of Monroe .................................................. 243-6550
  123 W. First St.
  (Gateway Office Building)
  Monroe, MI  48161
  [www.heartbeatofmonroe.org](http://www.heartbeatofmonroe.org)
- Workforce Development Agency ..................................... 241-2440
  1066 S. Telegraph Rd.
  Monroe, MI  48161
  [www.michigan.gov/wda](http://www.michigan.gov/wda)
- Michigan Works!/Monroe County Employment and Training Department ......................................................... 240-7950
  or 888-354-5500
  1531 N. Telegraph
  Monroe, MI  48162
  [www.co.monroe.mi.us/employmenttraining](http://www.co.monroe.mi.us/employmenttraining)
- Unemployment Insurance Agency .......................... 800-638-3995
  [www.michigan.gov/uia](http://www.michigan.gov/uia)
  • Unemployed workers with questions call .......... 1-866-500-0017
- Monroe County Cooperative Extension Service .................. 240-3170
  963 S. Raisinville Rd.
  Monroe, MI  48161
  [www.co.monroe.mi.us/government/...extension/index.html](http://www.co.monroe.mi.us/government/...extension/index.html)

### Family Counseling and Shelter Services

**Domestic Violence Shelter** ............................................. 242-SAFE
Main Office 241-0180
14930 LaPlaisance Rd., Suite 106
Monroe, MI  48161
[www.fessmc.org](http://www.fessmc.org)

**Monroe County Opportunity Program** ........................... 241-2775
TDD 241-2919
1140 S. Telegraph Rd.
Monroe, MI  48161
[www.monroecountyop.org](http://www.monroecountyop.org)

**Monroe Housing Commission** ..................................... 242-5880
20 N. Roessler
Monroe, MI  48162
[www.monroehousing.org](http://www.monroehousing.org)

**Oaks Of Righteousness** ............................................. 734-241-5590
1018 E 2nd St,
Monroe, MI 48161

**Paula’s House** ........................................................... 734-242-6650
P.O. Box 2002
Monroe, MI 48161
[www.paulashouse.org](http://www.paulashouse.org/)

**Salvation Army** .......................................................... 241-0440
815 East First.
Monroe, MI  48161
[www.mhweb.org/michigan/salvation.htm](http://www.mhweb.org/michigan/salvation.htm)

**Social Security Administration** .................................... 800-772-1213
(TDD) 800-324-0778
120 E. First St.
Monroe, MI  48161
[www.ssa.gov](http://www.ssa.gov)

**Thrift Shop Association** ............................................ 242-1082
119 S. Monroe St.
Monroe, MI  48161

**W.I.C. Women, Infants, and Children-Nutrition Program** 240-7905

**and Children-Nutrition Program** 240-7905

**Food**

Available throughout the County. You must have:

1) Proof of household income (pay stub, food stamps, SS, SSI
2) Proof of residency (utility bill, rent receipt, tax bill, etc., and
3) Proof of number of household members (Medicaid cards, SS
  cards, income tax returns, etc.). To find out about locations and
  times of the closets, call Monroe County Opportunity Program at (734)241-2775.

The Lord’s Harvest Pantry and the St. Joseph Food Closet share
a building with Monroe County Opportunity Program (MCOP) On

Telegraph Road south of 7th Street and north of Dunbar Road.
The address is: 1140 S. Telegraph Road, Monroe, MI. 48161.
More information can be found on the Lord’s Harvest Pantry’s
Facebook page and at www.monroecountyop.org.

**God Works!**

Held daily throughout the County. Call God Works! at 734-242-8124 or 419-279-8000 for more information. God Works!
Community meal locations can be found at www.gwsoupkitchen.com and are also frequently listed in the Monroe News and on monroenews.com
A Great Start for every child in Michigan:
Safe, healthy and eager to succeed in school and in life

The purpose of Great Start is to assure a coordinated system of community resources and supports to assist all Michigan families in providing a great start for their children from birth through age five.

The agency coordinating the Great Start Collaborative in Monroe County is the Monroe County Intermediate School District. Many different agencies, programs, and professionals make up this network in the County; however, under Great Start they work in a collaborative manner to provide the family the services they need.

Published and printed in collaboration with

The Great Start Collaborative of Monroe County
www.greatstartmonroe.org

Monroe County Intermediate School District
1101 S. Raisinville Rd
Monroe, MI 48161
734-242-5799 ext. 1610
earlychildhood@monroeisd.us

Child Advocacy Network of Monroe County (CAN)
Children's Trust Fund (CTF)